There’s a new vision in dentistry that is gradually being recognised and is referred to as the ‘endo-implant’ algorithm. This new approach considers the role of the endodontist as critical in considering whether a tooth can be saved or whether extraction and replacement with a dental implant would be the correct treatment protocol. An endodontist is in the unique position to evaluate critical factors leading to endodontic failures in order to determine whether another endodontic procedure will lead to a predictable and successful outcome. Should the outcome be not favourable, then extraction and replacement with a dental implant would be the protocol to follow.

In considering the ideal treatment plan, it is imperative to provide the patient with all treatment options, as well as the financial cost and procedures associated with each treatment option. The patient is thus given the opportunity to make an educated decision as to the best treatment protocol for him or her.

The information presented to the patient should include the endodontist’s opinion regarding which treatment option is more practical and predictable.

A patient with a non-contributory medical history was referred to my office for evaluation of the maxillary left first molar. The patient was asymptomatic, and the tooth had been endodontically treated by a general dentist approximately seven months prior to the consultation and had never been restored. Clinically, it presented extensive probing, probing depths of 5 mm all around, exposure of the obturated material to the oral cavity, and no temporary restoration. Radiographically, no peri-apical lesions were detected, and the bone levels around the tooth were adequate (Fig. 1).

In order to determine the integrity of the tooth structure, some excavation was performed using 4.5 x magnification and supplementary illumination, provided by a fibre-optic headlight, with a dental rubber dam for isolation. After the removal of some decay, a bitewing X-ray was taken (Fig. 2) and the following was determined:

a) the floor of the pulp chamber was too shallow;

b) it was too close to perforation and

c) the peri-radicular dentine was insufficiently strong to support a permanent restoration.

These critical factors, in my opinion, rendered the tooth non-restorable. A cotton pellet and Carvi were placed in the access cavity and a follow-up call with the referring dentist was conducted in order to update him on the condition of his patient and to determine what recommendations should be given regarding the tooth. It was recommended to the patient that the tooth could be extracted and the socket preserved through a minor grafting procedure. This would allow for an ideal amount of bone to receive a dental implant approximately four to six months later. It was recommended that he receive some orthodontic treatment prior to the placement of the implant so that all the diastemas would be closed and the dentition properly aligned for this procedure.

The patient clearly understood the concept and the logistics of the orthodontic treatment recommended but expressed no interest in this approach.

The bigger picture

It is very important in evaluating treatment using implants to consider the whole dentition and not just the space or tooth in question. It should be borne in mind that implants, unlike teeth, do not move, so if there are any misalignments in the arch, orthodontic treatment prior to implant therapy is imperative should the patient proceed with the dental implant at a later stage. If the treatment plan is not in this sequence, the dental implant could become a challenging obstacle during the orthodontic treatment.

The patient was prescribed Amoxicillin 500 mg (one every six hours, beginning twice a day before the next appointment) and Chlorhexidine rinses (three times a day, also beginning two days before the next appointment). The use of tartar control toothpaste was also recommended in order to avoid staining of teeth. On the day of surgery, the patient’s blood pressure was 119/73 with a heart rate of 76.

Under local anaesthetic (Lido-caine 2% HCl with epinephrine 1:50,000 x 2 cc) and using a dental rubber dam, magnification loupe and supplementary illumination, the tooth was sectioned into three pieces. The rubber dam was removed, and using PDL-Evator elevators (Salvin) all three roots were extracted without any complications. Spoons were used to curette the socket in order to clean any granulation tissue and engage the cancellous bone. This crucial step results in some bleeding and thus promotes angiogenesis. The crest of the interradicular bone was engaged with the socket cupped part of a XIVE osteotome (DENTSPLY Friadent), and a sinus lift was performed using the Summer’s technique.

There were no signs of a sinus perforation based on the Valsalva test. The sockets and sinus-lift area were then grafted with a mixture of DBX and MGP using a marshmallow technique. This grafting mixture helps the site produce its own bone in terms of mineral and collagen from the DBX, and it provides a better scaffold effect from the MGP. The area was covered with a PTFE membrane, slightly tucked under the perios-teum (not more than 2 mm). Sutures were done with polyglycolic acid using a cross-over four-x corner technique (Fig. 5).

Removing the sutures

The sutures were removed two weeks later. Two weeks after the surgery, the patient was prescribed Chloramphenicol (500 mg every six hours for five days) and antibiotics (Amoxicillin 500 mg every six hours for five days), and the patient was provided with a PTFE membrane to maintain the grafting material for four months. The patient was advised to avoid brushing and flossing the area for the next two weeks.

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suture removal, the patient was seen again for the removal of the membrane. This was done by gently picking at the membrane with cotton pliers and exerting pull on it—there is often no need for anaesthesia. The benefit of using this allograft cocktail is that the waiting period for re-entry was approximately four to six months versus six to nine had a xenograft been used. The quantity and the quality of the bone appeared to be much better with the use of this allograft cocktail.

At the time of re-entry, the patient's blood pressure was 113/69 with a heart rate of 64 (Figs. 4 & 5). Under local anaesthetic (Lidocaine 2 per cent HCl with epinephrine 1/50,000 x 2 cpl), a tissue punch access was done using a 3.8 tissue punch XIVE drill (DENTSPLY Friadent).

The pilot drill from the ANKYLOS implant system (DENTSPLY Friadent) was then used to drill 6 mm, just short of the sinus floor (Fig. 6). A series of XIVE osteotomes, from size 2.0 up to 3.4, were used to perform a sinus lift using the Summer's technique. The osteotomy was prepared to a depth of 11 mm (Fig. 7).

A Valsalva test was performed to ensure that the sinus had not been perforated. An ANKYLOS implant A11 (3.5 mm x 11 mm) was placed and primary stability was obtained. The density of the bone perceived as D-3 during the drilling stage, likely changed to D-2 with the use of the osteotomes. The implant-transfer mount was removed, as was the cover screw that came pre-mounted inside the implant, and a 1.5 mm sulcus former (healing abutment) was placed into the implant (Figs. 8 & 9).

This case clearly demonstrates one of the reasons that endodontists are becoming increasingly involved in implant dentistry. They are able to provide a comprehensive evaluation of the tooth in question, and they are able to present the patient with the best options based on clinical assessment.